CAMP INFORMATION 2019

- This Camp is open to all children grades 1 to 8 in fall Bala Vihar & Non-Bala Vihar.
- Camp theme Divine Mother; Camp name Mātr Devo Bhava
- The Camp fee of \$175 per child includes all camp materials and activities, supervision, healthy vegetarian lunch and afternoon snack.
- Camp dates Monday July 8th to Friday July 12th.
- Hours 9 am to 5 pm (Drop off by 9:30 AM, pickup by 5 PM)

REGISTRATION PROCESS

Note: Camp Registration will be closed on July 3rd or when the Camp is full, whichever is first.

- Please register early so you are assured of a spot. It will also help us to plan better for the camp.
- Download, complete and sign the Registration form, and attach your check for \$175 per child
- Registration is complete only after we receive the form and fee.
- Check is payable to "Chinmaya Mission Sacramento", \$175.
 - (Check to have your telephone number and child's name).
 - Please mail it to: Chinmaya Triveni, 3231 Ramos Circle, Sacramento, CA 95827.
- Once we receive your registration form and check, we will send you a confirmation by email. Do contact us if you don't hear from us or have any questions.
- Contact names V.S. & Geeta Venkataraman gandve7@gmail.com

At The Camp

- Each camper to bring a yoga mat, and water in non-glass water bottle with his/her name.
- Candies, chewing gum, peanuts, soft drinks or junk foods are not permitted.
- Please make sure the camper has a sumptuous breakfast before being dropped off at Triveni.
- Use of cell phones, laptops is not allowed during core Camp time and activities.
- We encourage your youngster with special talents and skills to share them at the camp.
- Camp Activities being planned Bhajans, Chanting, Meditation, Puja, Stories, Introduction to Sanskrit, Afternoon Games (Carrom, Chess, Scrabble, Board games), enrichment activities.
- Detailed Camp schedule of final activities will be posted at Triveni daily morning during our Camp week.

Camp Needs – We would like for you to loan or gift us the following – You may drop them off at Triveni on Monday July 8th at the start of our Camp week.

- Carrom Boards
- Board games like Snakes and Ladders, Sequence, Scrabble, Connect 4, Parcheesi, Chess, Checkers, or any others
- Children's books and magazines
- Card games
- Arts supplies -New color pencils, crayons, pens, drawing paper, watercolor kits, acrylic kits, art paper, any art project material

- o Lego Blocks, building kits
- o Bean bags
- Healthy snacks

Volunteering

- We need many volunteers of all ages and talents to make this program a great success, so we welcome you to join the Camp volunteers team.
- All parents are to sign up to volunteer for bringing washed fruit for the daily morning snack, set up/serving and clean up at lunch time daily, and potluck dinner and prasad/set up/serving/cleanup for the Camp closing ceremony on Friday July 12th.
- o We welcome our High School and College students to also sign up as volunteers.
- Your suggestions and inputs are welcome.