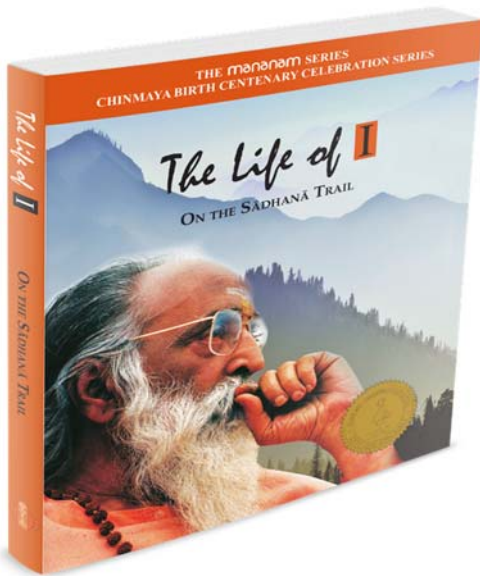




Presents **Swami Ishwarananda**

Swamiji is the resident senior acharya of Chinmaya Mission Los Angeles. An accomplished master of Vedantic philosophy, Swamiji explains the universality of spiritual teachings in an extremely simplified manner for the audience to grasp the concept, and for a seeker to implement the teachings in day-to-day living.



The Life of I

Workshop, daily evening 7:30 pm to 9:00 pm

Sunday March 5th to Thursday March 9th, 2017

This book, written by Swamiji, is about personal transformation and the discovery of the True Self. In the style of the Upaniṣads, it presents dialogues that break down complex ideas into simple, practical ones for all – for the new traveler as well as for the determined seeker.

This is the first time that Swamiji is presenting a workshop in Sacramento.

Discourses on *Maniṣā Pañcakam*

Daily morning 7:00 am to 8:00 am

Monday March 6th to Thursday March 9th, 2017

Maniṣā Pañcakam is a small treatise by Adi Shaṅkarācārya which is considered as the compendium or beautiful summarization of the four *Mahāvākyas* of the *Upaniṣads*.



Admission is Free. All are Welcome.

Chinmaya Triveni, 3231, Ramos Circle, CA 95827

www.chinmaya-sacramento.org