



CHINMAYA MISSION SACRAMENTO Presents

At Chinmaya Triveni, 3231 Ramos Circle,
Sacramento, CA 95827

Discourses in English by Swami Bodhatmananda

Swami Bodhatmanandaji has a passion for the study of Vedanta and mastery over the Scriptures. He has a unique style of teaching and imparting the knowledge of the Scriptures through a systematic approach.

Swamiji was the resident Acharya of the 16th Residential Vedanta Course at Sandeepany Sadhanalaya, Mumbai, India from 2014 to 2016. Sandeepany Sadhanalaya, is the premier Institute of Vedantic learning of Chinmaya Mission, where Swamiji himself studied under the grace and guidance of Pujya Guruji Swami Tejomayanandaji and tutelage of Swami Ishwaranandaji from 2002 to 2004.

While he was Acharya at Chinmaya Mission San Jose, he visited Sacramento several times between 2006 and 2014, and had many satsangs and Jnana Yajnas where he taught us Kaivalya Upanishad, Gita Chapters 2, 4, 5, 6, 7 and Chatushloki Bhagavatam. He also taught us Drg Drsya Viveka at our first Family Camp in 2013. It was with Swamiji's encouragement and the blessings of Pujya Guruji Swami Tejomayanandaji and Pujya Gurudev's grace that we acquired our own ashram at Chinmaya Triveni in June 2015.



Bhagavad Gita Chapter 13

Kṣetra Kṣetrajña Vibhāga Yoga

The Field and The-Knower-of-the-Field

Daily Monday Dec 5th to Sunday Dec 11th

7:30 to 9:00 pm

Lord Krishna explains the different terminologies used in the philosophical tradition beautifully to reveal that Spirit expressing through Matter is the manifested life of constant experiences, that the Field and the-Knower-of-the-Field are one and the same.

And

Amṛta Bindu Upaniṣad

A Drop of Immortality

Daily Tuesday Dec 6th to Sunday Dec 11th

6:45 to 8:00 am

This Upanishad addresses the question of immortality and what it means. It emphasizes that 'the mind alone is the cause of bondage and liberation'. It also gives simple guidelines to all seekers about the ways and means to purify the mind, the method of contemplation and meditation.

Admission is Free. All are Welcome.

Please visit www.chinmaya-sacramento.org to volunteer and to sign up for bhikshas.