

**CHINMAYA MISSION SACRAMENTO** 



## Welcomes you with family and friends to discourses in English by

## SWAMI ISHWARANANDA

Acharya, Chinmaya Mission Los Angeles



Swami Ishwarananda, inspired by Param Pujya Swami Chinmayananda and with the guidance of Swami Brahmananda, joined Sandeepany Sadhanalaya in Mumbai in 1991. Since completing his brahmachari training in 1993, he has served Chinmaya Mission Centers in Bangalore and Calcutta, and is now resident Acharya of Chinmaya Mission Los Angeles. In March 2000, he was given sannyasa deeksha by Pujya Swami Tejomayananda. Swamiji was the Acharya in charge of the 12th brahmachari batch from 2002 through 2004 at Sandeepany Sadhanalaya in Mumbai. Swamiji is a dynamic speaker and has given talks on Vedanta, stress management, and management techniques.

## On BHAGAVAD GITA CHAPTER 9 SUPREME KNOWLEDGE: THE GREAT SECRET

Lord Krishna teaches us that Self-knowledge is Supreme Knowledge, the king among the branches of knowledge. He explains how He is the cause for all creation, how creation is pervaded by Him, yet how He is distinct from it all always. The relationship between the Lord and the individual is the great secret, which can be known directly. By offering our work unto Him, we clear our minds, give up our ignorance and are transformed.

## And MUKUNDAMALA

Mukundamala means a 'garland for Mukunda', the one who gives liberation. The composer Raja Kulasekhara Alvar was the king of Travancore and an ardent devotee of the Lord. This beautiful Sanskrit composition expresses the purest devotion to the Lord. Such devotion is no different from the egoless state of the man of realization experiencing supreme bliss.

	Morning Discourse MUKUNDAMALA		Evening Discourse BHAGAVAD GITA CHAPTER 9	
Mon 3/10/14	-			Rancho Cordova City Hall
Tue 3/11/14	6:30-7:30 a.m.	Sac Country Day School* 2636 Latham Drive	7:30-9:00 p.m.	2729 Prospect Park Drive
Wed 3/12/14		Sacramento, CA 95864 Lower School Library		
Thu 3/13/14				Rancho Cordova
Fri 3/14/14		Located near MP Room		CA 95670
Sat 3/15/14	9:00-10:00a.m.	Rancho Cordova City Hall American River South Room	10:30a.m12n	American River South Room
			12n-1:00p.m.	Samashti Bhiksha

\* Important Parking Restriction @ SCDS: Park only in stalls with no numbers, or along curbside.

Admission is Free. All are Welcome.

www.chinmaya-sacramento.org